

Hours of Operation
Monday through Friday
0530 - 1900

Closed On Holidays

*Hours of operation subject to change due to mission requirements

Flight Kitchen Personnel

Force Support Commander
Maj Calvin E. Daniels Jr.

Force Support Deputy Director
Mr. Donald Cook

Chief, Sustainment Flight
Mr. Kevin Burnett

Flight Kitchen Supervisor
A1C Antwain Walker

We Welcome Your Input & Suggestions



Altus Air Force Base
97th Force Support Squadron
Flight Kitchen



Building 185
Telephone 481-7220
Emergency On Call Cell 649-1903
“Small But Mighty”

Visit our website at www.altusfss.com



Rev. 08102010

Large Flight Meal Menu

1. 1 Sandwich
Ham, Turkey, Swiss Cheese and American Cheese with Lettuce, Onion and Tomato on a Kaiser Roll.
5. 2 Sandwiches
Ham, American Cheese, Lettuce, Onion and Tomato on Wheat Bread.
6. 2 Sandwiches
Chicken Breast with American Cheese, Lettuce, Onion and Tomato on a Hamburger Bun.

Small Flight Meal Menu

5. Chef Salad with lettuce, tomato, chicken, onion and shredded cheese.
10. Beef, Ham, Turkey, American Cheese with Lettuce and Tomato in a Tortilla.
11. Diced Chicken, Lettuce, Tomato and shredded cheese in a Tortilla.

Meal Supplement Package

- A. Water
Soda
Candy Bar
Chips
Multigran Bar
Fresh Fruit
- B. Water
Juice
Rice Krispie Treat
Chips
Fruit Cocktail
- D. Water
Fruit Cocktail
Yogurt
Pasta Salad
Granola Bar
- F. Water
Sports Drink
Carrot Sticks
Celery Sticks
Potato Salad
Raisins
- J. Water
Soda
Candy Bar
Carrots

Beverages

Coke, Diet Coke
Dr. Pepper
Mt. Dew
Bottle Water
Gatorade



Feeling Unwell?

The following meals contain well tolerated foods & are approved for all students enrolled in the Local Airsickness Management Program (LAMP).

Small Flight Meals

#1 or #4 with no cheese

Meal Supplements

Fruit Cocktail
Raisins
Water



For more nutritional or any human performance issues, contact your Human Performance Training Team (HPTT):

Capt Jerry Fausch
481-5433

TSgt Wendell Browne
481-1455

Notice to all Flight Kitchen Customers

In accordance with Phase 1 of Corporate Food Service (CFS) the Flight Kitchen will provide five small meals and one large meal for selection, plus a choice of one of six supplement packages. Students and Aircrew will pay the set Discount Rate with no surcharge. All others will pay the Standard Rate (Discount Rate plus surcharge). The menu rates are posted below. For further information, contact the Flight Kitchen at 481-7518.

MEAL RATES

<u>Meal Period</u>	<u>Discount Rate</u>	<u>Standard Rate</u>
Small Flight Meal	\$1.95	\$2.30
Large Flight Meal	\$3.65	\$4.25

Please place all meal and coffee orders at least two hours in advance by calling 481-7220.