

Sep 2010 Calendar

Airman & Family Readiness Center

(Most classes held in Bldg 52)

Now available on **FACEBOOK** Search: **Altus AFRC**

Stay in touch, know what's going on,
and share with friends.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 *1300-1430 It's Your Move (1312)	2 *0930-1030 ASYMCA Spouses Social (FCC) *1100-1230 ASYMCA Lunch Bunch (FCC) *1300-1430 A&FRC CLOSED - Staff Trng	3	4
5	6 HOLIDAY Labor Day Base Agencies CLOSED	7 *1330-1530 Small Business Develop. (1211)	8 *0930-1100 Group-Benefits & Entitlements Brief (1312)	9 *0930-1100 ASYMCA Spouses Social (FCC) *1300-1530 A&FRC CLOSED - Staff Trng *1800-1900 Hearts Apart—Arts and Crafts (1211)	10	11 *1300-1500 Hearts Apart — Patriot Day, Lunch & Music for the Wee Ones 1300-1500 (1211)
12	13 *1315-1515 VA Benefits Counselor (1209)	14	15 *0830-1000 It's Your Move (1312) *1330-1500 Finding Federal Employment (1312)	16 *0730-1630 Warrior Welcome (Club Altus) *0930-1030 ASYMCA Spouses Social (FCC) *1000-1400 Troops to Teachers (1209) *1300-1530 A&FRC CLOSED - Staff Trng	17	18 *1000-1600 Give Parents a Break CDC/YC
19	20 *0800-1630 TAP 3-Day Wrkshp (1312) *1315-1515 VA Benefits Counselor (1209)	21 *0800-1630 TAP 3-Day Wrkshp (1312)	22 *0800-1630 TAP 3-Day Wrkshp (1312)	23 *0930-1030 ASYMCA Spouses Social (FCC) *1300-1530 A&FRC CLOSED - Staff Trng	24	25
26	27 *1315-1515 VA Benefits Counselor (1209)	28	29 *1330-1500 Group-Benefits & Entitlements Brief (1312)	30		

Airman and Family Readiness Center (580) 481-6761

Building 52, Room 1201

0730-1630 - Monday – Friday

We close every Thursday from 1300 – 1530 for staff training



See Reverse for Activities Information

Airman & Family Readiness Center – ACTIVITIES INFORMATION

FAMILY LIFE ASSISTANCE

Bundles for Babies

Presentation includes: Finances for baby, Tricare, Parents support, and more. Open to Active Duty Air Force expectant parents only, regardless of rank or number of children. **FREE** "bundle" provided by Air Force Aid Society. Plan to attend during your 2nd - 3rd trimester. **Reservations Required, 481-6761.**

Give Parents a Break

Air Force Aid Society program that assists families that are experiencing stresses in the following areas: Deployed / Remote member, Family crises or emergency, Child with special needs, Unique circumstances or hardships. **Certificates Required, 481-6761.**

Heart Link

Heart Link is a program designed to strengthen our young military families' ability to adapt to the military lifestyle. Spouses are a critical part of the Air Force team and families can directly enhance our mission readiness. This orientation provides spouses with on base resources and a contact network. Learn about customs & courtesies, how to read a Leave & Earning Statement, how to identify the different ranks, widely used AF acronyms and what they mean, benefits as a military spouse, and much more. Open to all active duty spouses. **Reservations required, 481-6761.**

School Liaison Office

Works in conjunction with the local school community to address educational issues involving military children. Through partnering with the local and military community, the School Liaison Office acts as a communication link between the installation and the surrounding school districts. For more information, contact the School Liaison Office, **481-6761.**

Altus Armed Services YMCA Spouse's Social

Come join us for FREE coffee, treats, adult conversation and the opportunity to meet new people. Bldg 148 (FCC) every Thursday from 9:30 to 10:30. Children are always welcome! For information call 471-9733.

Altus Armed Services YMCA Lunch Bunch

Enjoy a **FREE** home cooked meal with your family as you meet new friends and have fun! Open to all E1 - E5 singles and married (**E6 & above are encouraged to bring a side dish to share and join-in, making our younger airmen feel like family**).

RELOCATION ASSISTANCE

It's Your Move

Mandatory briefing for those who will be PCSing and must be attended to out process the base. It is recommended that you sign up 4 months prior to the anticipated move or as soon as you are notified. Presentation includes: Airman & Family Readiness, Legal, Financial information, website resources, credit awareness and concludes with cultural adaptation for those going overseas. Spouses are encouraged to attend. **Reservations Required, 481-6761.**

Loan Closet

The Loan Closet has many household items available to borrow for PCS & TDY military & DOD civilians – ID Card and copy of orders required. We do not provide bed linens. The Loan Closet, located in Bldg 39, is unmanned. Please call 580-481-6761 or stop by the A& FRC in Bldg 52, Rm 1201 for assistance.

eSponsorship Application & Training

<http://apps.mhf.dod.mil/esat>

So, now you are a sponsor? Don't have a clue where to start? WE CAN HELP! Sponsorship is an important unit responsibility. All the training and resources you need can be found within this new comprehensive online application.

Warrior Welcome

Mandatory newcomer orientation for military members and DoD civilians recently arrived to Altus AFB. Spouses are encouraged to attend.

FINANCIAL ACTIVITIES

Personnel Financial Management

Offers education and personal financial counseling to help individuals and their families maintain financial stability. Debit card maintenance, budgeting, handling credit card debt, investing, and TSP are just a few topics that we can assist with. **Lunch & Learns are offered the last Thursday every month.**

ADDITIONAL ACTIVITIES

Altus ASYMCA "Freedom Express" Train Ride

Altus ASYMCA "Freedom Express" passenger excursion train from Quartz Mountain Whistle Stop for a ride to remember always. Air conditioned 2-hour round trip ride through the historic route of the trains of a century ago! For tickets call 580-471-9733.

TRANSITION / EMPLOYMENT ASSISTANCE

Benefits & Entitlements Counseling

Mandatory briefing, the DD Form 2648, "Pre-separation Counseling Checklist for Active Component Service Members," is completed during this session, becomes part of your military records, and is required for processing your separation or retirement. You should schedule yourself to receive this counseling **one year prior, but not later than 90 days prior, to your separation/retirement date.** At the session we will discuss employment resources, benefits, entitlements, applying for veteran's disability, and more. **Reservation Required, 481-6761.**

Oklahoma Small Business Development

Interested in starting your own business? Individual appts are available with Lisa Snyder, Small Business Dev Specialist, OK State University. **By Appointment Only, 481-6761.**

TAP 3-Day Workshop

Pre-requisite, receive the Benefits & Entitlements Counseling. A comprehensive tool for launching service members into the private sector, whether separating or retiring. Covers goal-setting, resumes, VA benefits, Voc Rehab and much more. **Recommended attendance:** two years out for retiree/one year out for separatee. DoD civilians welcome. **Reservations Required, 481-6761.**

Troops to Teachers

Troops-to-Teachers programs provide information, assistance and placement services to active duty members, separating or retiring, as well as veterans, interested in beginning a career in public education as a teacher. The representative will help applicants identify teacher certification requirements, programs leading to certification and employment opportunities throughout the United States. Our representative comes from OKC for these appointments, please make sure you keep your appointment once it's scheduled. **By Appointment Only, 481-6761.**

VA Benefits Counselor for Veterans

Mondays' Only, a great source of information on the State of Oklahoma VA benefits, Pensions, Records location, Survivor & Burial benefits, Upgrading discharges, etc...for veterans and their families (not available for active duty personnel) **By appointment only, 481-6761.**

Interviewing Do's & Don'ts

Interviews can be scary-learn how to ace them with a positive attitude and confidence. Includes: dress, possible questions/answers, how to avoid pitfalls, and much more.

See reverse for Calendar